

Shellac and Gelish

Aftercare

POLISHED

Beauty

Top tips

You will absolutely LOVE your nails while you are wearing Shellac or Gelish and I expect your nails to last for at least 14 days as long as you give them good care and attention during that time.

- Use Solar oil regularly. Make sure you run it all around your cuticle and onto the nails itself. Use it a MINIMUM of twice a day especially at night before bed (toes as well as fingers) as this will keep your nails supple, healthy, moisturized, flexible and nourished. Solar oil can be bought from myself in the salon.
- Wear rubber gloves when using cleaning products, gardening and washing up. Any products containing Lanolin or DEET can cause your Shellac or Gelish to lift, so best to avoid it.
- Do not bite, pick or cut your nails as this will cause the Shellac or Gelish to become weak and will damage your own natural nails. If you need to file a nail, use a 45degree angle with the file and file in one direction. In the unlikely event that your Shellac or Gelish has peeled or chipped, please make an appointment to see me a.s.a.p. so I can fix it. Peeling or picking will more likely remove a couple of layers of nail with it too. Please note that repairs may be chargeable.
- Avoid intense heat for 24 hours after application – no sauna or sunbed as it may cause heat spikes on your nails.
- Always wash your hands after you apply sun cream, tinted lotions, insect repellent and coloured hair products. Some makes contain ingredients that will impair your Shellac colour possibly causing it to discolour, fade or weaken.
- Some of the more delicate Shellac colours can fade somewhat if in chlorinated water followed by excessive sun, (remember that chlorine is a bleach and sun intensifies the bleaching action) Dry your hands and nails after swimming and before sunbathing to minimize any colour fading.
- Do not use your nails to open anything or put un-necessary pressure on them, your nails are not tools.
- If you wish to remove your Shellac or Gelish nails, please make an appointment for safe removal as you could damage your natural nails if you try to do them yourself.
- Should any adverse reaction occur – itchiness, redness or soreness, please contact me a.s.a.p.

Treat your nails like jewels, not tools! Treat your nails with respect and all you should see is the growth in your natural nail. Shellac is NOT indestructible so be kind to your nails and they'll be kind to you.